

## 2022 Spring Semester COVID-19 Quarantine/Self-Isolation Guidelines

## **Vaccinated individuals:**

- Individuals who have been fully vaccinated (primary and booster / 3<sup>rd</sup> shot) and have had close contact (within 6 feet for more than 15 minutes) with someone with COVID-19 should test at least 5 days after the exposure and continue to wear a well-fitting mask indoors. However, they do not need to quarantine UNLESS they become symptomatic OR their test comes back positive.
- Vaccinated individuals who test positive must quarantine for 5 days regardless of whether they are symptomatic or not, and continue to wear a well-fitted mask around others for 5 additional days, able to return assuming no fevers for 24-hours without the use of fever-reducing medications and other symptoms are improving.

## **Non-Vaccinated individuals:**

 Individuals who are not vaccinated and have had a close contact (within 6 feet for more than 15 minutes) with someone with COVID-19 should test at least 5 days after the exposure and MUST quarantine for 5 days after the exposure REGARDLESS of their test result.

## Any individual:

 Any individual who is experiencing COVID-19 symptoms should be tested and quarantine until they receive their test results.

For detailed information visit the TMCC COVID-19

Quarantine/Self Isolation Guidelines or

contact EHS at 775-674-7951.

Vaccinated  These quarantine guidelines apply to those who have completed the primary series of the recommended vaccine, and received the booster shot.		Non-Vaccinated  These quarantine guidelines apply to those who have not completed the primary series of the recommended vaccine, and / or received the booster shot.	
Specific Infection/Exposure Scenarios	Quarantine/Self-Isolation Requirements	Specific Infection/Exposure Scenarios	Quarantine/Self-Isolation Requirements
Vaccinated - close contact, asymptomatic, waiting test	No, wear mask in public settings until result received	Not Vaccinated - close contact, asymptomatic, waiting test	Quarantine (will need to quarantine for 5 days regardless of test results)
Vaccinated - close contact, asymptomatic, test negative	None	Not Vaccinated - close contact, asymptomatic, test negative	Quarantine for 5 days from date of exposure, continue to wear a mask
Vaccinated - close contact, asymptomatic, test positive	Self-isolate for 5 days from date of test, wear mask 5 additional days	Not Vaccinated - close contact, asymptomatic, test positive	Self-isolate for 5 days from date of test, continue to wear a mask
Vaccinated - close contact, with symptoms, waiting test	Quarantine pending test results	Not Vaccinated - close contact, with symptoms, waiting test	Quarantine (will need to quarantine for 5 days regardless of test results), return after no fevers and wear a mask
Vaccinated - close contact, with symptoms, test negative	Leave quarantine upon receiving test results / no fevers	Not Vaccinated - close contact, with symptoms, test negative	Quarantine for 5 days from date symptoms started
Vaccinated - close contact, with symptoms, test positive	Self-isolate for 5 days from date of symptoms, return after no fevers and continue to wear a mask	Not Vaccinated - close contact, with symptoms, test positive	Self-Isolate for 5 days from date of symptoms, return after no fevers and wear a mask
Vaccinated - no close contact, asymptomatic, waiting for test	None	Not Vaccinated - no close contact, asymptomatic, waiting test	None
Vaccinated - no close contact, asymptomatic, test negative	None	Not Vaccinated - no close contact, asymptomatic, test negative	None
Vaccinated - no close contact, asymptomatic, test positive	Self-isolate for 5 days from date of test and continue to wear a mask	Not Vaccinated - no close contact, asymptomatic, test positive	Self-Isolate for 5 days from date of test, continue to wear a mask
Vaccinated - no close contact, with symptoms, waiting for test	Quarantine pending test results	Not Vaccinated - no close contact, with symptoms, waiting test	Quarantine until test results are received. If negative, can end quarantine when symptoms resolve
Vaccinated - no close contact, with symptoms, test negative	Leave quarantine upon receiving test results / no fevers	Not Vaccinated - no close contact, with symptoms, test negative	Quarantine for until test results are received, return after no fevers and continue to wear a mask
Vaccinated - no close contact, with symptoms, test positive	Self-Isolate for 5 days from date of symptoms, return after no fevers and continue to wear a mask	Not Vaccinated - no close contact, with symptoms, test positive	Self-Isolate for 5 days from date of test return after no fevers and continue to wear a mask